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Parenting the New World



Giving Birth to a Thriving Humanity



Living Naturally and Peacefully Editions
Lights for a New World Collection

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Preface

It is from Angelica Sanctuary, our little Garden of Eden, that I write to you today, dear reader.



Here, I feel harmonized by the whisper of the stream and the songs of the birds. Nature welcomes visitors with Her Love, expressed through the purity of the air, the energy of the water and the goodness of abundant fruit trees.

Between 1995 and 2025, we spent thirty years mastering parenting. The urge to share our experiences and insights drove me to begin recording our lifestyle in 2007 and to release a documentary about natural birth in 2010. This was followed by a reconnection with my nature as a thinker, philosopher, and writer, and the release of my first book in 2015: *From One Life to Another*.²

Then I felt called to investigate how youths are educated worldwide and to define **what education should be**: *The Art of Elevating Mankind*.

The next four books were about our journey in parenting:

- *In the Name of Our Children*: Part 1 of our family adventure, which led us, through eighteen life lessons, to leave the modern lifestyle and seek our promised land.

² *From One Life to Another, the Heir of Jean-Jacques Rousseau* (2015, French edition).

- *Natural and Autonomous Childbirth Lived in Couple Intimacy*: A source of tips and principles, to help you experience the peaceful birth of your children.
- *Renaissance, the Gift of Natural Education to Humanity*: A book to help young parents with the NATURALIZATION of their children.
- *Like Denis, Make YOUR Life!*: A book for adolescents, to help them achieve their SOCIALIZATION in the local community while fulfilling their childhood dreams.

This seventh book is the ultimate step in the journey of building a thriving Humanity. It will help you understand the UNIVERSALIZATION of the Human being: its conscious integration into the Cosmic Order, as a God-like creator.

Parenting the New World is my first book written in English. I was inspired to make it an artwork designed to elevate your Soul³ and empower you to live your Divine Destiny.

The book is written for those who strive to (re)align with the flow of life and to be part of the transition of civilization our World is currently undergoing. It cannot but happen, because it is part of the natural evolution of worlds.

—Will you be a conscious actor of this transformation? It belongs to you.

**If you feel the Heart Call
to know more and join this dynamic,
let's start the adventure of
Parenting the New World together!**

3 For me, the Soul is basically what animates us, what puts us in action beyond the external context, our physical condition or inner state of emotions and thoughts. It is the cause of our motivation. More about human nature in Chapter 16.

Introduction

Parenting the New World has been crafted for you, with all my Love for Humanity.

May it bring the light you need to picture in your mind the resplendent future we collectively deserve.

May it enlighten your natural role in this co-creation with the Creator of all that is.

Nature has been given to us as a source, template, and inspiration to create Heaven on Earth. This is not only a dream—it is *Our Destiny*, the Destiny of Humanity.

As families are the fundamental units of society, they are the foundation of long-term social health.

Well-being, inner peace, and a sense of purpose naturally unfold in every child when the right conditions are created within the family.

This is what we experienced with our eleven children, and now share with you in this book.

It is the responsibility of parents towards their children—and our collective responsibility as adults towards future generations—to create those conditions.

Consciously serving the needs and aspirations of young generations, and course-correcting our choices based on their feedback, is what I call

The Parenting Revolution.⁴

4 Or Re-evolution. Watch trailer here: <https://youtu.be/RRt1aLkczWM>.

It is my *purpose* to help regenerate our society and foster a peaceful and harmonious World, in tune with its natural sense of evolution, generation after generation.

But, let's proceed step by step, with the rational mind dear to my French culture.

To do so, the book has been divided in three parts:

Part I — What does Parenting the New World mean?

Part II — Why Raising Children Differently?

Part III — How to Give Birth to a Thriving Humanity?

Each part of the book contains several chapters grouped into different sections.



You can easily find a specific chapter in the table of contents, referring to the chapter number included in the dolphin mark at the top left of the first page of each chapter.

The book includes many hyperlinks to web pages mentioned as references or for deeper exploration. For optimal learning, I recommend having a digital device with you.

I wish you a pleasant journey of discovery and empowerment.

From the Heart,



Christophe



For Review Only

For Review Only



Section B - A Parenting Mindset

Having children alone is not enough to become fully fledged parents.

Indeed, we often delegate many aspects of parenting to society: sometimes even conception (in vitro fertilization), rarely pregnancy (surrogate mothers), too often childbirth (medically assisted, cesarean), and frequently childhood (kindergarten, primary school), adolescence (high school), and even early adulthood (university).

Fully embracing our parenting journey requires us to make decisions we might not have considered without the presence of our children.

For example, we may give up certain hobbies, reduce our working days, or take a full-time parenting year.

We might move to the countryside or spend more time outdoors with our children.

Parenting demands time and dedication. It naturally leads to adopting a *particular mindset*—one that progressively unfolds as we become available and ready to change, adapt, and evolve.

In Section B, you will learn what a **parenting mindset** truly is by discovering that:

- This mindset has five characteristics (Chapter 4).
- Many people already experience this mindset (Chapter 5).
- This mindset is essential for helping Humanity thrive (Chapter 6).



Chapter 4. The Characteristics of a Parenting Mindset

Parenting is a powerful mindset that emerges within family relationships.

It awakens in adults who are open to learning and growth.

After more than 30 years dedicated to parenthood, I have reflected deeply on what defines a true parenting mindset.

Through this journey, I identified five essential characteristics:

1. **Governed by Love.** Love is both the foundation and the guiding force in the parent-child relationship. A parenting mindset is rooted in Love—Love shapes both our intentions and actions.
2. **Ensuring Safety.** Safety creates the environment needed for everyone to grow and thrive. With a parenting mindset, our first priority is to establish a sense of security—physical, emotional, and spiritual.
3. **Fostering Autonomy.** Autonomy develops through experience, learning integration, and independent thinking. A parenting mindset encourages every person, regardless of age, to discover who they are, to understand their potential, and to recognize the boundaries of the human condition.
4. **Allowing Self-Expression.** Freedom and connection with Nature—God's creation—help reveal our unique role in the Cosmic Order.²¹ Who we become is shaped by the culture and education we receive.

²¹ See *Renaissance* (2023).

An authentic parenting mindset trusts in each person's Divine Destiny, already imprinted within, and creates the conditions for it to unfold.

5. **Educating Towards Fulfillment and Shine.** True contribution to society is bringing forth our best selves. The parenting mindset welcomes and celebrates each individual's natural talents and inclinations, helping them shine as healthy, valuable citizens of the World.



The hand of a Parenting mindset.

Parenting

SUMMONS

Love

Safety

Autonomy

SELF-EXPRESSION

and

SHINE.

Chapter 4 – Self-Empowerment

Lessons I have learned from this chapter:

Where I will apply them.

My personal commitments for implementation:

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